

SITE INFORMATION

BATON ROUGE, LOUISIANA



TRAINING SITE:	<p>ROCO TRAINING CENTER (RTC) 8274 Merle Gustafson Drive Baton Rouge, LA 70807 Phone: 225-755-7626</p>
COURSE TIMES:	<p>Classes begin at 7:00 a.m. unless otherwise noted. Catered lunches are provided.</p>
HOTEL INFO:	<p>Crowne Plaza 4728 Constitution Ave. Baton Rouge, LA 70808 Phone: 225-925-2244</p> <p>(Mention Roco Contract #IL00F for special rate of \$99/night – Includes full breakfast)</p> <p>Note: As with most cities, it is important to be cautious and aware of your surroundings. We have attached a list of recommended restaurants.</p> <p>ALTERNATE HOTEL (Recommended for extended stay): Homewood Suites 225-927-1700 (Ask for Donna Hebert for Roco rate)</p>
LOCAL AIRPORT:	<p>Baton Rouge Metro</p>
DIRECTIONS TO HOTEL:	<p>From Airport to Hotel: From I-110 South get on I-110 East. Continue on towards New Orleans & I-110 will turn into I-10. Take the College Drive exit (Exit 158) off I-10 Westbound. Stay in the middle lane. Go straight across College Drive onto Service Road, which is Constitution Ave. The hotel is located 2 blocks down on the right. It is approximately 10 miles from the airport.</p>
DIRECTIONS TO TRAINING SITE: (MAP ATTACHED)	<p>From Hotel to RTC: From the Crowne Plaza, take Constitution Ave to College Drive. Turn right onto College, go under the interstate overpass & stay to the right onto I-10 West. You will stay on I-10 West for several miles & then merge right onto I-110 North towards the Baton Rouge Airport. Take the airport exit (Exit #6) & merge right onto Harding Blvd. Go approximately ½ mile & turn left at the Baton Rouge Fire Department Headquarters onto Merle Gustafson Drive. The Roco Training Center will be on the left. It is approximately 6 miles from the hotel to the training center.</p>
REGISTRATION: 800-647-7626	<p>Advanced registration is required for all Roco courses – Payment is required to confirm registration. Payment can be made via check, MasterCard, Visa, or American Express. Call 800-647-7626 or 225-755-7626 – or visit our website at www.rocorescue.com.</p>
CANCELLATION POLICY:	<ul style="list-style-type: none"> • With 30-days notice, cancellation fee is \$100.00 per student. • With less than 30-days notice, fees are non-refundable; however, substitutions of personnel are acceptable with prior notification. • Should a course be cancelled or dates changed, Roco is responsible for reimbursement of registration fee only.
STUDENT NEEDS:	<ul style="list-style-type: none"> • Helmet or hardhat with chinstrap. • Headlamp or flashlight. • Safety glasses. • Ear protection (if needed). • Gloves. • Comfortable work clothing. (Long pants or jumpsuit) • Supportive footwear is recommended. • Thermos or cooler for breaks. • Raingear is recommended. <p>Note: Rescue harnesses and hardware are provided. Students may use their own harness, but it must be approved by the Chief Instructor prior to use and clearly marked as personal gear.</p>

7077 Exchequer Drive
 Baton Rouge, LA
 70809-4904

Phone: 225-755-7626
 Fax: 225-754-7626

800-647-7626
RocoRescue.com

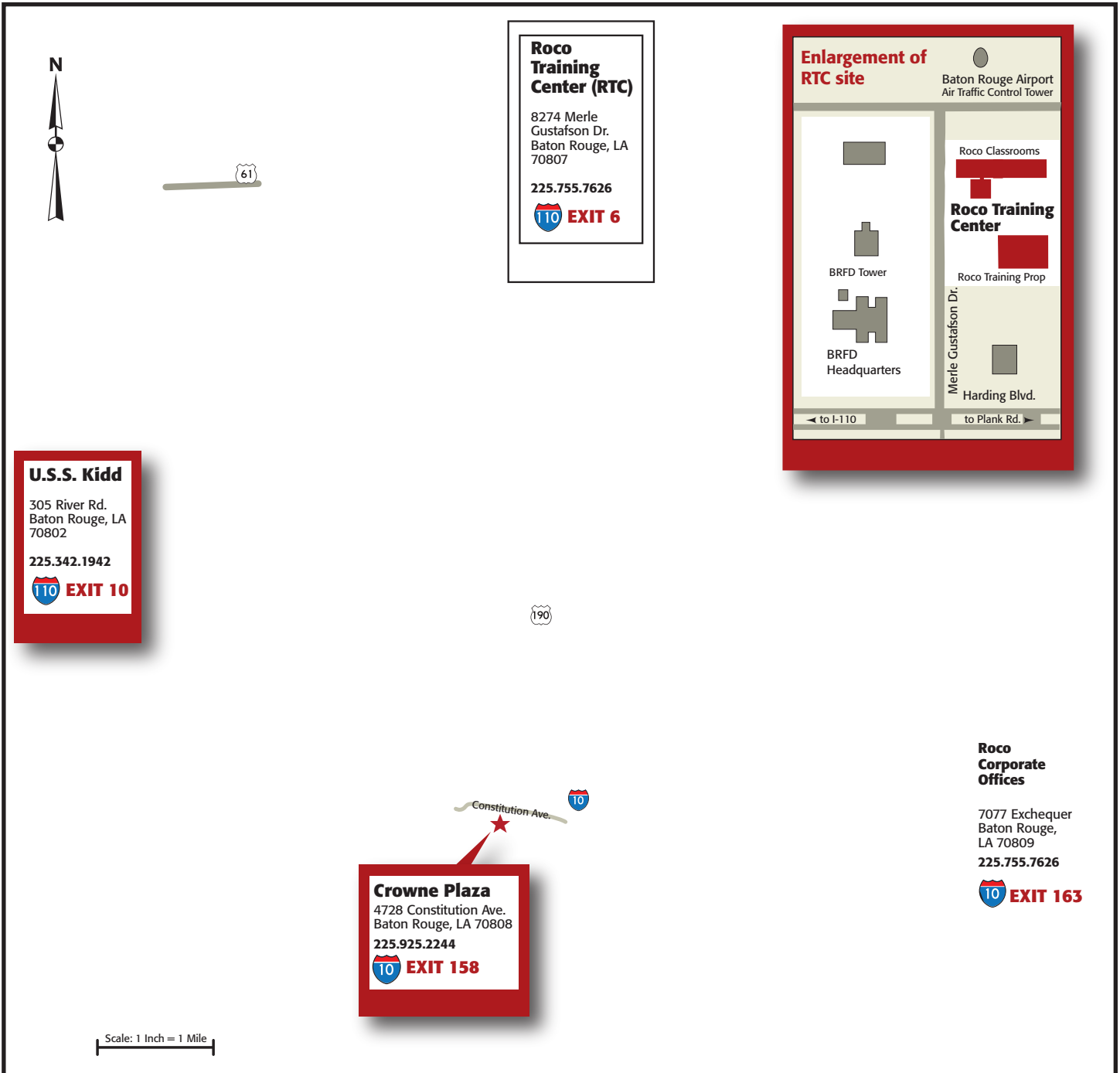
Thank you for choosing Roco training!



Roco Training Center

Area Map - Baton Rouge, LA

Phone Toll Free: 800-647-7626 Local: 225-755-7626



BATON ROUGE RESTAURANT LIST

WWW.VISITBATONROUGE.COM

SEAFOOD:

Boutin's Cajun Restaurant

Featuring Cajun cuisine and live Cajun music.
8322 Bluebonnet Boulevard just past Perkins Road
225-819-9862

Juban's Restaurant

Open Tues.-Fri. for lunch, 11:30 a.m.-2 p.m.; Open Mon.-Sun.
for dinner, 5:30 p.m.-10 p.m. Creole cuisine served in the
ambiance of the Vieux Carre.
3739 Perkins Road
225-346-8422

Louisiana Lagniappe

Feast on Louisiana seafood entrees, enjoy succulent steak
dinners and dine on delicious live Maine lobsters. This is
Cajun cooking at its finest.
9990 Perkins Road @ Bluebonnet
225-767-9991

Mike Anderson's Seafood & Oyster Bar

One of the most well-known seafood restaurants in the city,
Mike Anderson's serves delicious South Louisiana Seafood in
a casual, friendly atmosphere. The freshest lump crabmeat,
gulf shrimp, pond-raised catfish, salty oysters and spillway
crawfish available.
1031 West Lee Drive @ Nicholson
225-766-7823

On-the-Half-Shell Seafood & Oyster Bar

Live music, oyster specialties with a New Orleans atmosphere.
37350 Perkins Rd (Perkins & Airline-Prairieville)
225-751-1951

Parrain's Seafood Restaurant

With something to suit any taste, this is the perfect restaurant
for any occasion.
3225 Perkins Road
225-381-9922

ITALIAN:

DeAngelo's Pizzeria

Specializing in Italian cuisine like pizzas, calzones, pastas,
sandwiches and soups.
7550 Bluebonnet Boulevard
225-756-0094

Gino's Italian Restaurant

Featuring authentic Italian pasta, seafood, veal dishes and an
excellent variety of domestic and imported wines. 'Where
Mama still does all the cooking.'
4542 Bennington Avenue
225-927-7156

Ruffino's Italian Restaurant

Serving famous Italian cuisine, steaks, prime rib, seafood,
chicken and pasta dishes.
18811 Highland Road near I-10
225-753-3458

MEXICAN:

Ninfa's Mexican Restaurant

4738 Constitution Avenue
225-924-0377

On The Border

The 'ultimate fajita' combines mesquite-fried steak, smoked
BBQ Ribs, sautéed shrimp and marinated chicken breast.
2552 Citiplace Court
225-924-7400

Superior Grill

Serving fine Mexican food cooked over a mesquite grill and
freshly squeezed lime margaritas. Live Music Thursday -
Saturday 7:00 pm -10:30 pm
5435 Government Street
225-927-2022

MISCELLANEOUS:

J. Alexander's (near Mall of Louisiana)

Featuring Steaks and other traditional fare.
6457 Bluebonnet Blvd
225-766-8630

Copeland's Cheesecake Bistro (near Mall of Louisiana)

Bistro spotlights its famous desserts plus a wide selection of
light, crunchy salads, pizzas, dipping sandwiches and seafood
platters. Lunch, dinner daily
6171 Bluebonnet Blvd
225-761-1110

Outback Steakhouse

Serving steaks, prime ribs and other varieties of American
cuisine. 2415 South Acadian Thruway
225-927-9488

Ruth's Chris Steak House

Serving steaks, chops, lobster, seafood and chicken.
4836 Constitution Ave.
225-925-0163

T.J. Ribs, Inc.

World's greatest baby-back ribs chicken, pork, roast beef au
jus and many other barbecue favorites.
2324 South Acadian Thruway (I-10 @ Acadian)
225-383-7427

Belle of Baton Rouge

Atrium Buffet – Downtown Baton Rouge

Buffet features a variety of breakfast, lunch and dinner.
103 France Street
225-242-2610

Tsunami Sushi – Downtown Baton Rouge

Located on the River in the Shaw Center (Downtown)
225-346-5100 (Reservations Recommended)