

# SITE INFORMATION

## BATON ROUGE, LOUISIANA



<b>TRAINING SITE:</b>	<p><b>ROCO TRAINING CENTER (RTC)</b>              8274 Merle Gustafson Drive              Baton Rouge, LA 70807              Phone: 225-755-7626</p>
<b>COURSE TIMES:</b>	<p>Classes begin at 7:00 a.m. unless otherwise noted.              Catered lunches are provided.</p>
<b>HOTEL INFO:</b>	<p><b>Crowne Plaza</b>              4728 Constitution Ave.              Baton Rouge, LA 70808              Phone: 225-925-2244              (Mention Roco Contract #ILOOF for special rate of \$99/night – Includes full breakfast or click <a href="http://tiny.cc/6b2ed">http://tiny.cc/6b2ed</a> for booking link.)</p> <p><b>Note:</b> As with most cities, it is important to be cautious and aware of your surroundings. We have attached a list of recommended restaurants.</p> <p><b>ALTERNATE HOTEL</b> (Recommended for extended stay):  <b>Homewood Suites</b> 1-800-Call-Home / 225-927-1700 Ask for Donna Odom              (Mention Roco Corporate #0002623003 – Includes full Breakfast Buffet 7-days a week and dinner Monday-Thursday) Or click link below for reservations  <a href="http://homewoodsuites.hilton.com/en/hw/reservations/index.jhtml?hotel=BTRCDHW&amp;corporateCode=0002623003">http://homewoodsuites.hilton.com/en/hw/reservations/index.jhtml?hotel=BTRCDHW&amp;corporateCode=0002623003</a></p>
<b>LOCAL AIRPORT:</b>	<p>Baton Rouge Metro</p>
<b>DIRECTIONS TO HOTEL:</b>	<p><b>From Airport to Hotel:</b>              From I-110 South get on I-110 East. Continue on towards New Orleans &amp; I-110 will turn into I-10. Take the College Drive exit (Exit 158) off I-10 Westbound. Stay in the middle lane. Go straight across College Drive onto Service Road, which is Constitution Ave. The hotel is located 2 blocks down on the right. It is approximately 10 miles from the airport.</p>
<b>DIRECTIONS TO TRAINING SITE: (MAP ATTACHED)</b>	<p><b>From Hotel to RTC:</b>              From the Crowne Plaza, take Constitution Ave to College Drive. Turn right onto College, go under the interstate overpass &amp; stay to the right onto I-10 West. You will stay on I-10 West for several miles &amp; then merge right onto I-110 North towards the Baton Rouge Airport. Take the airport exit (Exit #6) &amp; merge right onto Harding Blvd. Go approximately ½ mile &amp; turn left at the Baton Rouge Fire Department Headquarters onto Merle Gustafson Drive. The Roco Training Center will be on the left. It is approximately 6 miles from the hotel to the training center.</p>
<b>REGISTRATION:</b> <b>800-647-7626</b>	<p>Advanced registration is required for all Roco courses – Payment is required to confirm registration. Payment can be made via check, MasterCard, Visa, or American Express. Call 800-647-7626 or 225-755-7626 – or visit our website at <a href="http://www.rocorescue.com">www.rocorescue.com</a>.</p>
<b>CANCELLATION POLICY:</b>	<ul style="list-style-type: none"> <li>• With 30-days notice, cancellation fee is \$100.00 per student.</li> <li>• With less than 30-days notice, fees are non-refundable; however, substitutions of personnel are acceptable with prior notification.</li> <li>• Should a course be cancelled or dates changed, Roco is responsible for reimbursement of registration fee only.</li> </ul>
<b>STUDENT NEEDS:</b>	<ul style="list-style-type: none"> <li>• Helmet or hardhat with chinstrap.</li> <li>• Headlamp or flashlight.</li> <li>• Safety glasses.</li> <li>• Ear protection (if needed).</li> <li>• Gloves.</li> <li>• Comfortable work clothing. (Long pants or jumpsuit)</li> <li>• Supportive footwear is recommended.</li> <li>• Thermos or cooler for breaks.</li> <li>• Raingear is recommended.</li> </ul> <p>Note: Rescue harnesses and hardware are provided. Students may use their own harness, but it must be approved by the Chief Instructor prior to use and clearly marked as personal gear.</p>

7077 Exchequer Drive  
 Baton Rouge, LA  
 70809-4904

Phone: 225-755-7626  
 Fax: 225-754-7626

**800-647-7626**  
**RocoRescue.com**

***Thank you for choosing Roco training!***

# BATON ROUGE RESTAURANT LIST

[www.VisitBatonRouge.com](http://www.VisitBatonRouge.com)

## **SEAFOOD:**

### **Boutin's Cajun Restaurant**

Featuring Cajun cuisine and live Cajun music.  
8322 Bluebonnet Boulevard just past Perkins Road  
225-819-9862

### **Juban's Restaurant**

Open Tues.-Fri. for lunch, 11:30 a.m.-2 p.m.; Open Mon.-Sun. for dinner, 5:30 p.m.-10 p.m. Creole cuisine served in the ambiance of the Vieux Carre.  
3739 Perkins Road  
225-346-8422

### **Louisiana Lagniappe**

Feast on Louisiana seafood entrees, enjoy succulent steak dinners and dine on delicious live Maine lobsters. This is Cajun cooking at its finest.  
9990 Perkins Road @ Bluebonnet  
225-767-9991

### **Mike Anderson's Seafood & Oyster Bar**

One of the most well-known seafood restaurants in the city, Mike Anderson's serves delicious South Louisiana Seafood in a casual, friendly atmosphere. The freshest lump crabmeat, gulf shrimp, pond-raised catfish, salty oysters and spillway crawfish available.  
1031 West Lee Drive @ Nicholson  
225-766-7823

### **On-the-Half-Shell Seafood & Oyster Bar**

Live music, oyster specialties with a New Orleans atmosphere.  
37350 Perkins Rd (Perkins & Airline-Prairieville)  
225-751-1951

### **Parrain's Seafood Restaurant**

With something to suit any taste, this is the perfect restaurant for any occasion.  
3225 Perkins Road  
225-381-9922

## **ITALIAN:**

### **DeAngelo's Pizzeria**

Specializing in Italian cuisine like pizzas, calzones, pastas, sandwiches and soups.  
7550 Bluebonnet Boulevard  
225-756-0094

### **Gino's Italian Restaurant**

Featuring authentic Italian pasta, seafood, veal dishes and an excellent variety of domestic and imported wines. 'Where Mama still does all the cooking.'  
4542 Bennington Avenue  
225-927-7156

### **Ruffino's Italian Restaurant**

Serving famous Italian cuisine, steaks, prime rib, seafood, chicken and pasta dishes.  
18811 Highland Road near I-10  
225-753-3458

## **MEXICAN:**

### **Ninfa's Mexican Restaurant**

4738 Constitution Avenue  
225-924-0377

### **On The Border**

The 'ultimate fajita' combines mesquite-fried steak, smoked BBQ Ribs, sautéed shrimp and marinated chicken breast.  
2552 Citiplace Court  
225-924-7400

### **Superior Grill**

Serving fine Mexican food cooked over a mesquite grill and freshly squeezed lime margaritas. Live Music Thursday - Saturday 7:00 pm -10:30 pm  
5435 Government Street  
225-927-2022

## **MISCELLANEOUS:**

### **J. Alexander's (near Mall of Louisiana)**

Featuring Steaks and other traditional fare.  
6457 Bluebonnet Blvd  
225-766-8630

### **Copeland's Cheesecake Bistro (near Mall of Louisiana)**

Bistro spotlights its famous desserts plus a wide selection of light, crunchy salads, pizzas, dipping sandwiches and seafood platters. Lunch, dinner daily  
6171 Bluebonnet Blvd  
225-761-1110

### **Outback Steakhouse**

Serving steaks, prime ribs and other varieties of American cuisine.  
2415 South Acadian Thruway  
225-927-9488

### **Ruth's Chris Steak House**

Serving steaks, chops, lobster, seafood and chicken.  
4836 Constitution Ave.  
225-925-0163

### **Sullivan's Steakhouse**

Featuring a vibrant neighborhood American Steakhouse with the finest steaks, seafood, hand-shaken martinis and live music  
5252 Corporate Blvd  
225-925-1161

### **T.J. Ribs, Inc.**

World's greatest baby-back ribs chicken, pork, roast beef au jus and many other barbeque favorites.  
2324 South Acadian Thruway (I-10 @ Acadian)  
225-383-7427

### **Belle of Baton Rouge**

#### **Atrium Buffet – Downtown Baton Rouge**

Buffet features a variety of breakfast, lunch and dinner.  
103 France Street  
225-242-2610

### **Tsunami Sushi – Downtown Baton Rouge**

Located on the River in the Shaw Center (Downtown)  
225-346-5100 (Reservations Recommended)